



## ***Educational Tours***



### ***Live the language***

To learn Mandarin, it helps to fall in love with China. Our Language Immersion Tours make both happen by combining authentic cultural experiences with interactive lessons taught out on the road. Each day has a theme—like food, art, or history—that connects the day's lesson to hands-on activities and conversations with locals. Your fluency expands along with your confidence and your passion for language. And through it all, your Language Immersion Program Director is by your side, supporting your language learning and highlighting every breakthrough moment.

# LANGUAGE IMMERSION THROUGH CHINA

12 days / Beijing / Shanghai

## What you'll experience on your Language Immersion tour

Each day in Beijing is built around a **daily theme** that explores topics you can relate to—like food, art, and culture. You'll improve your Mandarin skills and confidence as you discover a new appreciation for the local culture.

### LANGUAGE LESSONS

You'll learn and practise vocabulary relevant to each day's theme during interactive lessons led by your Language Immersion Program Director. Your lessons are a chance to have conversations with fellow students as you prepare for each day's interactive activities.

### CULTURAL ACTIVITIES

Practicing Taiji in a local park or learning the Chinese art of calligraphy adds authentic cultural richness to your language development. And your specially trained Language Immersion Program Director will be by your side, helping and encouraging the beginning learners while challenging the more advanced students.

### INTERACTIONS WITH LOCALS

Meeting and conversing with locals over a home-cooked meal offers you an opportunity to put your new skills to use while learning more about the culture. With each conversation in Mandarin, you will gain more confidence in your speaking and listening abilities.

> Take part in a traditional tea ceremony on day 4



Practise your Mandarin while ordering meals



Ride rickshaws to your dinner with locals on day 6



Learn the proper vocabulary to describe the Chinese customs you'll experience



^ Join in traditional Chinese pastimes at the Temple of Heaven on day 7

## DAY 1: FLY OVERNIGHT TO CHINA

### DAY 2: BEIJING

Welcome to Beijing, capital of the People's Republic of China. You're greeted at the airport by your specially trained Language Immersion Program Director, who will be with you throughout your tour. Transfer to your hotel to rest from your flight.

### DAY 3: BEIJING

– Visit the Forbidden City, a Chinese imperial palace, then continue to Tiananmen Square, site of student-led demonstrations in 1989.

### DAY 4: BADALING | BEIJING

- Travel to Badaling this morning for a walk on the Great Wall of China. Construction of this 4800-kilometre man-made marvel began over 2,300 years ago.
- Preparing and drinking tea is an important part of Chinese culture, in daily life and especially during festivals. Today, participate in a traditional tea ceremony while learning more about local customs.
- See “Legends of Kung Fu,” a show that tells the story of a young boy, Chun Yi (the pure one), who becomes a monk and learns kung fu in order to pursue spiritual and physical harmony. Chinese martial arts originated more than 4,000 years ago as a means of self-defense, hunting, and military training. It slowly evolved into a way to a health practice.

### DAY 5: BEIJING

*Today's Theme: Chinese Art*— China has many artistic traditions, such as calligraphy, pottery, painting, and porcelain art. As you'll learn today, Chinese art has been heavily influenced throughout history by China's many dynasties and emperors.

- Master art-related terms while practising your conversational Mandarin in an interactive language lesson.
- Visit the Yonghe Lamasery temple, home to Han Chinese and Tibetan artwork, and participate in a painting session led by your Tour Director.
- Visit the 798 Dashanzi Modern Art Zone, a unique complex of galleries and boutiques housed in old factories.

### DAY 6: BEIJING

*Today's Theme: Chinese History* — From the Xia Dynasty over 4,000 years ago to the People's Republic of China today, many unique customs have evolved. Today, you will learn about the dynasties that have ruled China through periods of unity and upheaval, each leaving its own mark in China's vibrant and complex heritage.

- Visit the temples, gardens, and lakes of the Summer Palace, former playground for emperors. While there, learn the basics of Taiji. Your Program Director will guide you through a

gentle series of stretching exercises and teach you how Taiji works as an internal martial art, meditation system, and health practise.

- Learn about the dynasties that have ruled China and practise your conversational Mandarin in an interactive language lesson.
- Try your hand at traditional Chinese calligraphy. The Chinese name for calligraphy (*shufa*, 書法) translates to “the way of writing.” This is your chance to gain a deeper understanding of why calligraphy is an important and appreciated aspect of Chinese cultural arts.
- Enjoy a homemade dinner with locals, the perfect opportunity to gain unique insight into life in China today.

### DAY 7: BEIJING

*Today's Theme: Daily Life in China*— With such a long history, it's understandable that China has developed such a wide variety of hobbies that you'll see throughout your time in China. Most of these traditional activities and exercises, including Taiji, Chase the Ace, shuttlecock, and the dance of the bamboo pole, originated from day-to-day activities and are learned by most Chinese kids at a young age.

- Learn about daily life in China and practise your Mandarin.
- Visit the Temple of Heaven and play Chase the Ace, a traditional Chinese card game, alongside locals at this popular hangout spot.
- Work on your language skills with vendors at the famous Pearl Market.

### DAY 8: BEIJING

*Today's Theme: Chinese Culinary Traditions*— China is a country with many diverse regions, each with its own culinary specialties. Ingredients, tastes, styles, and ways of preparation may differ, but many of the traditional dishes include staple foods like rice, noodles, soybeans, and vegetables. Today, you'll get a taste of China's culinary traditions.

- Rows of unfamiliar fruits and veggies line the countless food markets across Beijing. If you're brave enough, you can even try some local delicacies, including grasshoppers and sea snakes. This morning you'll interact with local vendors during a market challenge.
- Learn and practise food-related vocabulary in an interactive language lesson.
- Try your hand at preparing authentic Chinese foods during a cooking class.

### DAY 9: BEIJING

*Today's Theme: Sports in China*— Try out some of the country's popular sports, including badminton and volleyball, during your visit to an athletic center today. You may even get a chance to play in a pick-up game with locals.

- Practise your conversational Mandarin in an interactive language lesson that focuses on culture.
- Relax at a local athletic centre and try your hand at popular Chinese sports, including ping pong, badminton, and soccer.

## DAY 10: BEIJING | SHANGHAI

- Travel to Shanghai on one of China's high-speed bullet trains.
- Visit the Shanghai World Financial Center.
- Enjoy free time on the Bund, a popular riverfront area.
- Witness thrilling aerial displays during a traditional Chinese acrobatics show. According to historical records, carvings, and mural paintings in tombs and grottoes, the origins of Chinese acrobatics date back over 2,000 years. Modern acrobatics in China have pushed the limits of creative and technical skill beyond that of any other culture.

### DAY 11: SHANGHAI

- Explore Shanghai on a guided tour, with stops at the Jade Buddha Temple and Yu Yuan Garden.
- Enjoy free time to visit local markets and practise your bargaining skills.

### DAY 12: DEPART FOR HOME

Your tour may be coming to an end, but your lifelong love of Mandarin is only beginning.



### LANGUAGE IMMERSION PROGRAM DIRECTOR

Your local, certified Program Director provides linguistic insight in addition to handling all on-tour logistics. They're here to:

- Present lessons to help prepare you for the day's activities
- Facilitate key language-learning moments while exploring the country
- Help you with regional slang and colloquial phrases
- Stay with your group 24/7, handling all on-tour details, from meals to transportation

On day 3, visit Forbidden City, a Chinese imperial palace



## The World Leader in International Education

For over 50 years, EF has worked with educators across the world to help millions of students become citizens of the world through one global mission: *Opening the World Through Education*. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day.

### START PLANNING

To enrol on this tour, ask your teacher for the tour number and visit [eftours.ca/enrol](http://eftours.ca/enrol) or call 1-800-263-2806

### AFFORDABLE

We always offer the guaranteed lowest prices so more students have the opportunity to travel and experience the world.

### SAFETY

We're committed to your safety. With more than 500 schools and offices in over 50 countries, local EF staff can react quickly and in person wherever you travel.

### INSIGHT

We believe in experiential learning at the most important sites. Your Program Director is with you at every step, providing their own perspective and local tips.

Gain a new perspective on Chinese culture during your tea ceremony



### THE LANGUAGE IMMERSION EXPERIENCE

Program price includes



#### FULL-TIME LANGUAGE IMMERSION PROGRAM DIRECTOR

Your bilingual, specially trained Language Immersion Program Director stays with you 24/7 to handle all on-tour logistics and provide knowledgeable insights everywhere you go.



#### LANGUAGE LESSONS

Interactive language learning with your Language Immersion Program Director.



#### EXPERIENTIAL LEARNING

Tea ceremony; painting class; calligraphy lesson; Taiji lesson; interactive activity with locals; local market challenge; cooking class; dinner with locals



#### ENTRANCES

Forbidden City; Great Wall of China; Legends of Kung Fu show; Yonghe Lamasery; Dashanzi Modern Art Zone; Summer Palace; Temple of Heaven; Shanghai World Financial Center; Jade Buddha Temple; Yu Yuan Garden; acrobatics show



#### WESHARE

Our online platform for a deeper learning experience.

#### ALL THE DETAILS ARE COVERED

Round-trip flights on major carriers; comfortable motor coach; 10 overnight stays in hotels with private bathrooms; breakfast and dinner daily